




























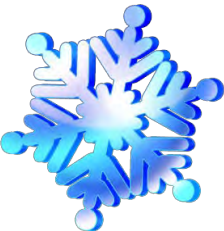



January 2019 SLP Activity Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<p>1 Offices Closed</p> 	<p>2</p> 	<p>3 Charles Life Skills Group 9:30-12</p> 	<p>4 Harvey Men's Group 11:30-1</p> 	<p>5</p> 
<p>6</p>	<p>7 Raylecia Valley Thrift 11-2</p> <p>Clothes</p> 	<p>8 Birthday Celebration 12-1:30</p> 	<p>9 St. Vincent's Food Pantry 9-11:30</p> 	<p>10 Charles Life Skills Group 9:30-12</p> 	<p>11</p> 	<p>12</p>
<p>13</p> 	<p>14 Betty Women's Encounter Group 10 - 1:30</p> 	<p>15 Harvey Life Enrichment Center 10 - 11</p> 	<p>16 Raylecia Aromatherapy 10-12</p> 	<p>17 Charles Life Skills Group 9:30-12</p> 	<p>18 Nicole Threads 10</p> <p>Clothes</p> 	<p>19</p> 
<p>20</p>	<p>21</p> 	<p>22 Harvey Life Enrichment Center 10 - 11</p> 	<p>23 Food Pantry 9-11:30 Betty/SOAR 12:30-2:30</p> 	<p>24 Charles Life Skills -Spin the Wheel Game 9:30-12</p> 	<p>25</p> 	<p>26</p>
<p>27</p> 	<p>28 Betty Women's Encounter Group 10 - 1:30</p> 	<p>29 Harvey Life Enrichment Center 10 - 11</p> 	<p>30 Nicole Dayton Art Institute 11-2</p> 	<p>31 Charles Life Skills Group 9:30-12</p> 		

HOW TO SIGN UP FOR ACTIVITIES:

- Find the activities that you want to participate in, then call your case manager. Your name will be added to the list.
- A case manager will contact you on the day of the activity to confirm your participation. If they are not able to speak with you that day, they will have to move down the list and you may not be able to attend.
- If you are not able to attend, please call your case manager to cancel at least 1 day in advance.
- We will go to St. Vincent's Food Pantry on the 2nd and 4th Wednesdays of the month. Let your case manager know if you need to go.
- ***Please understand that spaces for activities are limited and you may not be able to attend if it is full.***



Inspirational Quote for January:

Starting today, I need to forget what's gone, appreciate what's still here and look forward to what's coming next.
-Unknown

January Activities:

- **3rd-Life Skills Development Group:** Discover life skills needed to get to reach your full potential. Also on the 10th, 17th, 24th (Spin the Wheel Game), 31st.
- **7th-Valley Thrift Store:** Save your money to go shopping at one of the biggest thrift stores in Dayton
- **8th-Birthday Celebration:** Recognizing all January Babies. Your case manager will call you.
- **9th-St Vincent's Pantry:** Need food? Also on the 23rd
- **14th-Women's Encounter Group-** Community resources, arts & crafts, field trips, and other activities that empower women. Also on the 28th
- **15th-Life Enrichment Center:** One stop for a hot meal, education, exercise, pantry items, spiritual fulfillment. Also on the 22nd and 29th
- **16th-Aromatherapy:** Explore essential oils and how they affect our minds, bodies and spirits.
- **18th-Threads:** Free clothing for those in need
- **23rd-SOAR:** Come see how this program can help reduce barriers to employment and improve your "soft skills" needed to get the job.
- **30th-Dayton Art Institute:** Start the New Year off with a little art culture